

## COVID-19 INSTRUCTIONS

We are here to help support you, your family and our community. When attending our clinic we kindly ask that you:

- **DO NOT** attend your appointment if:
    - you feel unwell e.g., cough, cold, runny nose, high temp etc
  - OR
  - Have been exposed to COVID 19 and instructed to isolate by DHS
  - OR
  - Are waiting the results of a COVID 19 test
- Wear a **MASK** to your appointment and throughout the hospital and clinic buildings
  - Complete the screening tool/**QR CHECK** in and use the **HAND SANITIZER** upon entry into The Bays Hospital building

Attend your appointment **ALONE** unless you have been instructed by your doctor otherwise

- Exceptions to this include:
  - Partners attending for the first pregnancy visit
  - Children less than 1 year of age

*If you are UNVACCINATED, we strongly encourage you to please consider Telehealth. This will assist in protecting our vulnerable patients and staff, as there is a higher risk for severe COVID and COVID complications in pregnant people and unborn babies.*

Please note that the clinic continues the following measures to help keep staff and patients safe:

- All staff members and practitioners are fully vaccinated for COVID 19
- Staff & practitioners are screened daily
- Appropriate PPE for the level of patient interaction is in place
- Social distancing measures continue to remain in place
- All surfaces wiped down regularly during the day
- Access to hand-hygiene products upon entry and exit
- Windows and our main door are kept OPEN to enhance ventilation
- Telehealth appointments are available by request and where appropriate

Thank you for your kind understanding with these ongoing necessary measures